





1 in 4

people receiving long-term opioid therapy
STRUGGLES WITH ADDICTION

Prescription Opioid Addiction

-  Opioids work by blocking the feeling of pain without fixing the underlying cause.
-  Prescription opioids may be habit forming and lead to addiction even when taken as prescribed.
-  Patients taking prescription opioids are also at risk for impaired breathing, unintentional overdose or death.
-  Caution when taking prescription opioids with:
 - alcohol
 - benzodiazepines (ex. Xanax®, Valium®)
 - muscle relaxers (ex. Soma®, Flexeril®)
 - hypnotics (ex. Ambien®, Lunesta®)

NORTH
Dakota | Behavioral Health
Be Legendary. HEALTH & HUMAN SERVICES

OPIOIDS

TAKE CARE, BE AWARE.

*Developed in partnership with the ND Board of
Pharmacy and ND Pharmacist Association*

FIND OUT MORE AT
www.hhs.nd.gov/opioids

Keep Yourself and Your Loved Ones Safe



Lock

Keep medication out of sight and in a safe and secure place.



Monitor

Keep track of medication and take only as directed.



Take Back

Drop off unused medication at local Take Back locations.
To find a location near you, go to www.takeback.nd.gov.

If You Are Concerned

- Talk to your pharmacist or practitioner about **naloxone**, a treatment to reverse overdose.
- Follow-up with your practitioner
- Find behavioral health treatment providers at www.behavioralhealth.nd.gov/find-services