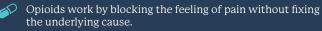
1 in 4 people receiving long-term opioid therapy STRUGGLES WITH ADDICTION

Prescription Opioid Addiction





Prescription opioids may be habit forming and lead to addiction even when taken as prescribed.

Patients taking prescription opioids are also at risk for \sim impaired breathing, unintentional overdose or death.

Caution when taking prescription opioids with:

- alcohol
- benzodiazepines (ex. Xanax[®], Valium[®])
- muscle relaxers (ex. Soma[®], Flexeril[®])
- hypnotics (ex. Ambien[®], Lunesta[®])

Keep Yourself and Your Loved Ones Safe



Lock

Keep medication out of sight and in a safe and secure place.



Monitor

Keep track of medication and take only as directed.



Take Back

Drop off unused medication at local Take Back locations. To find a location near you, go to www.takeback.nd.gov.

If You Are Concerned

- · Talk to your pharmacist or practitioner about naloxone, a treatment to reverse overdose.
- · Follow-up with your practitioner
- · Find behavioral health treatment providers at behavioralhealth.nd.gov/find-services

NORTH Be Leaendary.

Behavioral Health HEALTH & HUMAN SERVICES

Developed in partnership with the ND Board of Pharmacy and ND Pharmacist Association

FIND OUT MORE AT WWW.HHS.ND.GOV/OPIOIDS

