

Traumatic Brain Injury





Traumatic Brain Injury (TBI)

Damage to the brain caused by an external force that disrupts its function.

You Can Prevent Brain Injuries

- Wear a seat belt
- Never drive under the influence
- Wear proper protective equipment for recreational activities
- Wear shoes with non-slip soles
- Remove tripping hazzards

Symptoms of TBI may not show up for **weeks or months** following the incident.

TBI can cause a wide range of short or long term changes including:

- Behavioral changes
- Physical impairments
- Changes in thinking

2.8 million

people sustain a TBI in the United States every year.



Males are

as likely as women to sustain a TBI.

Falls are the leading cause of TBI.

Other casuses include:

- Motor vehicle crashes
- Recreational injuries
- Assaults

We Can Help at NDBIN

The ND Brain Injury Network can help by providing assistance and resources for those with TBI's and their families, friends and professionals.







