



# ARE YOU READY TO LISTEN?

---

Friend2Friend modules are now available to all 6<sup>th</sup>-12<sup>th</sup> graders across ND. Because learning what to say and how to say it can make all the difference.

**Interact with virtual peers in a 1:1 setting in the following modules:**

- › Emotional and Mental Wellness
- › Substance Use
- › Safe and Caring Schools
- › Bullying Prevention
- › Growth and Resiliency



## TO ACCESS

---

- Visit [northdakota.kognito.com](http://northdakota.kognito.com)
- Select your school
- Create login
- Launch Friend2Friend