



Protect your kids.

**Talk** about safe  
use of medication.

**PARENTS LEAD.ORG**

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## Sample Conversation Topics by Age

### Toddler/Preschool

"Sometimes medicine can look or taste like candy. If you find a pill or a piece of candy, don't put it in your mouth. Give it to a grownup. If you take medicine when you aren't sick, it can hurt you."

### Middle School

"It is important to take medicine how the doctor prescribes it. Medicine has instructions on when and how much to take. If you don't follow the instructions, it can be dangerous."

### Elementary

"When the doctor gives you medicine, it's only for you, so only take it when your parent or guardian says you should. You also shouldn't take medicine given to someone else or you can get very sick."

### High School

"Doctors consider many factors when prescribing medication, so by borrowing or sharing a prescribed medication, you are risking your health and safety. Just because it is a prescription, does not mean it is safe for everyone."