



Support at your fingertips

**Call, text or
schedule a call at
701-291-7901**

- Addiction recovery your way
- Consistent ongoing support and guidance from a trained peer support specialist with lived experience
- Schedule a call to meet your needs

HELP. HOPE. RECOVERY.

FREE

Our services are free and available to all 24/7.

ANONYMOUS

Share as much or as little as you would like.

CONFIDENTIAL

Conversations are confidential for you to share your thoughts and needs.

www.hhs.nd.gov/recoverytalk



A North Dakota Behavioral Health Initiative